

**Updated January 2010**

**CURRICULUM VITAE  
OF  
MARY BETH GOETZ**

**EDUCATION & CERTIFICATION:**

- ❑ Registered Community Support Specialist (R.C.S.S.) since 2005
- ❑ Certified Rehabilitation Registered Nurse (C.R.R.N.) since 1999
- ❑ Registered Nurse (R.N.) since 1986
- ❑ Registered Rehabilitation Professional (R.R.P.) since 1996 (formerly known as Accredited Rehabilitation Worker and Accredited Rehabilitation Professional)
- ❑ Bachelor of Arts in Physical Education (faculty now known as Kinesiology) since 1983
- ❑ Minor degree in Psychology since 1983
- ❑ Member of Canadian Association of Rehabilitation Professionals (C.A.R.P.) since 1992 (now known as Vocational Rehabilitation Association of Canada (VRA))
- ❑ Member of the College of Nurses since 1986
- ❑ Member of the Association of Rehabilitation Nurses since 1997

**SPECIALIZED TRAINING/SEMINARS/COURSES:**

***MEDICAL***

- ❑ **CERTIFIED REHABILITATION REGISTERED NURSE (C.R.R.N.) Course & Certification**  
(120 hours)
  - ~ Application of Rehabilitation Concepts to Nursing Practice
  - ~ Concepts: Disability, Interdisciplinary Team
  - ~ Rehabilitation Nursing
  - ~ Management Concepts for the Head – Injured/Stroke Client: Differentiation of Diffuse & Focal Injuries

- ~ Management Concepts for the Head – Injured/Stroke Client: Impaired Memory Function/Memory Function Deficit
- ~ Management Concepts for the Head-Injured/Stroke Client: Alteration in Cognition
- ~ Management Concepts for the Head-Injured/Stroke Client: Sensory/Perceptual Alterations
- ~ Management Concepts for the Head-Injured/Stroke Client: Alteration in Communication
- ~ Management Concepts for the Head-Injured/Stroke Client: Impaired Swallowing
- ~ Management Concepts for the Head-Injured/Stroke Client: Alteration in Mobility
- ~ Management Concepts for the Head-Injured/Stroke Client: Knowledge Deficit and Coping Skills
- ~ Management Concepts for the Head-Injured/Stroke Client: Sexual Dysfunction
- ~ Pathophysiology of Spinal Cord Injury
- ~ Alteration in Elimination: Urinary Function
- ~ Alteration in Elimination: Bowel Function
- ~ Alteration in Skin Integrity: Potential Impairment and Impaired Integrity Alteration in Mobility Related to Spinal Cord Injury
- ~ Adjustment to Spinal Cord Injury: Sexuality
- ~ Pathophysiology of Cardiopulmonary Disease
- ~ Adaptation to Disability
- ~ Musculoskeletal Concepts
- ~ Comprehensive Pain Management Issues
- ~ The Child with Physical Disabilities
- ~ Rehabilitation in the Community: Barriers to and Resources for People with Disabilities
- ~ Rehabilitation in the Community: The Role of the Rehabilitation Nurse Case Manager

❑ **LIFE CARE PLANS: BRAIN INJURY** - CMR course

❑ **REHABILITATION CONSULTANT** - CMR course

❑ **CASE MANAGEMENT** - CMR course

❑ **UNDERSTANDING DISABILITY** - CMR course

❑ **SKILLED EMPATHY** – CMR course

❑ **COGNITIVE REHABILITATION FOR THE BRAIN INJURED PATIENT: CURRENT RESEARCH AND CLINICAL APPLICATIONS**

- ~ Presented by: Dr. Barbara Wilson, Psychologist

❑ **REINTEGRATION OF THE BRAIN INJURED**

- ~ Presented by Dr. M.A. Mountain, Neuropsychologist

❑ **BRAINS ON THE MEND**

- ~ Presented by: St. Joseph's Hospital and Dr. M.A. Mountain, Neuropsychologist

□ **TRAUMATIC HEAD INJURIES**

- Presented by: Dr. G. Hawryluk, Neuropsychologist

□ **TRAUMATIC BRAIN INJURIES – Confederation College course**

- Presented by: Alice Bellavance Director of the Organization for Multi-Disabled

- Functions of the Brain
- Rancho Level of Cognitive Function
- How to Determine Head Injury
- Organic Consequences of Brain Injury
- Pre-morbid Factors
- Behavioural Issues
- Medical Issues

□ **HEAD INJURY SEMINAR**

- Presented by: Renee Ellis, Program Manager– Transitional Learning Centre and Dr. Hargadon, Psychiatrist; St. Joseph's Hospital- Rehabilitation Unit; Dr. Hawryluk, Neuropsychologist
- Misconceptions of Head Injury
- Services in Northern Ontario
- Programs in Ontario, Social Skills, Compensatory Strategies – Renee Ellis, Transitional Learning Centre
- Neuropsychology: current and future trends, Neurological assessment considerations, referral issues, areas of investigation, testing

**COUNSELING CLIENTS WITH ACQUIRED BRAIN INJURIES – RESEARCH AND PRACTICE ISSUES**

- Presented by: St. Joseph's Psychology Department including Dr. M.A. Mountain Neuropsychologist; Dr. A. J. Dalrymple, Behavioural Psychologist (Research); Dr. Hawryluk, Neuropsychologist; Dr. B. MacDonald, Rehabilitation Psychologist (Mississauga); Susan Fisher- Ontario Head Injury Association

□ **INNOVATIONS IN MANAGING ACQUIRED BRAIN INJURY - Brain Injury Association of Thunder Bay & Area**

- Presented by: Terry Evanshen; Dr. Haq, Neurosurgeon; Dr. Howse, Neurologist; Dr. Hargadon, Psychiatrist; Melissa Felteau, MAEd; C. Gluckstein, Lawyer; Dr. Pustina, Chiropractor; Janet Sharkey, Massage Therapist; Wendy Andruski, Pool Therapist; Michelle Meehan, Ontario Brain Injury Association

□ **NEW PERSPECTIVES IN CHRONIC PAIN**

- Managing and Preventing Chronic Pain – Dr. David Corey, Behavioural Psychologist
- Is it Arthritis or Fibromyalgia – Dr. Fidler, Rheumatologist
- Chronic Pain and the Elderly – Dr. Trevor Bon, Internist & Gerontologist
- Issues and Approaches with Chronic Pain in the Workplace – Dr. John David Stewart
- Chronic Pain Self-Management Program (CPSMP) – Dr. Sandra LeFort (Doctorate in Nursing)
- St. Joseph’s Hospital Chronic Pain Management Program – M. Fiorenza, BSHc.O.T, K. Kember, BSc.O.T., H. Hoeffen, BHScP.T., B.KIN
- Mindfulness-Based Stress Reduction (MBSR): Encountering Pain with Awareness – L. Brett, BSc, P.T.
- What’s Up? Herbals and New Drugs for Arthritis – S. Sikzkar, BSc (Pharm), K. Reeves, BSc (Pharm)

## **MANAGEMENT OF MYOFASCIAL PAIN SYNDROME AND RELATED SOFT TISSUE DISORDERS**

### **- Northwestern Ontario Occupational Health Nurses’ Association**

- Presented by: Dr. H. Dubo, Physical Rehabilitation (Winnipeg) and Dr. P. Rao, Physiatrist

### **□ HAND AND UPPER LIMB**

- Presented by: Dr. M. Thibert, Plastic & Reconstructive Surgeon; Dr. Doig, Anaesthesiologist/Pain Specialist; and Dr. Hargadon, Physiatrist; Mathew Shaw, OT, Certified Hand Specialist

### **□ TREATMENT & PREVENTION OF CHRONIC PAIN**

- Presented by: Dr. D. Corey, Behavioural Psychologist, founder of Health Recovery Clinic and author of “Pain-Learning to Live Without It”.

### **□ NORTHWESTERN ONTARIO OCCUPATIONAL HEALTH NURSES’ ASSOCIATION**

#### Annual Meeting/Seminars

- Role of the Family Physician in Disability Management - Dr. Joel Anderson
- Low Back Pain Management – Dr. Brian Kelly
- Understanding & Managing Anger – Trevor Sullivan
- Work, Life & Balance – Rev Hugh Walker

### **□ NORTHWESTERN ONTARIO OCCUPATIONAL HEALTH NURSES’ ASSOCIATION**

#### Annual Meeting/Seminars

- Privacy Act – Brad Smith
- Return to Work Pain Management – Scott Munro
- Work Site Wellness – Sue Armstrong
- Diabetes Thunder Bay Services Update – Nicola Novak
- Fair Work Practices – Mary Carl
- Introduction to Mental Health Works Program – Joanne Brooks

□ **NORTHWESTERN ONTARIO OCCUPATIONAL HEALTH NURSES' ASSOCIATION**

Annual Meeting/Seminars

- Chronic Pain - Why does it occur? – Dr. G. Doig
- Chronic Pain Management – Dr. MacLeod
- Taiji Program Foster Health and Relaxation – Master Reng Youlian
- Workplace Violence Identification & Management – Jennifer Turcotte

**PANIC DISORDERS**

Presented by: Dr. Terry Hill

□ **FUNCTIONAL CAPACITY ASSESSMENT**

Presented by: Canadian Back Institute

**VOCATIONAL**

□ **DISABILITY AND EMPLOYMENT - CMR Course**

□ **EVALUATING EMPLOYMENT POTENTIAL - CMR course completed**

□ **RETURN TO WORK OF PEOPLE WITH NEUROLOGICAL ILLNESS & INJURY, RETURN TO WORK STRATEGIES, TRANSFERABLE SKILLS ANALYSIS AND CONFLICT RESOLUTION**

Northwestern Ontario Occupational Health Nurses' Association

Presented by: Dr. M.A. Mountain, PhD, Clinical Psychology

Board Certified Jennifer Cano, HBSc (O.T)

K. Potts, H.BSW, RSW

Dr. Paul Johnston, PhD, Clinical Psychology

□ **VOCATIONAL ACTION PLANS**

- Presented by - Halyna Worth, Coordinator- Employment Opportunities Delivery Assistance Program
  - Vocational Assessments including interests, transferable skills and physical restrictions
  - Sources of Employment
  - Job Analysis

□ **SUCCESSFUL AND ENDURING RETURN TO WORK AFTER INJURY**

TRAC Group

□ **REHABILITATION/EARLY RETURN TO WORK**

Northwestern Ontario Occupational Health Nurses' Association

- ❑ **THE ROLE OF THE NEW CONSOLIDATED ADJUDICATOR & THE WSIB TEAM**  
-Northwestern Ontario Occupational Health Nurses' Association
- ❑ **NATIONAL OCCUPATIONAL CLASSIFICATIONS TRAINING**  
Human Resources Development Canada
- ❑ **AUGMENTATIVE WORKSHOP**  
Presented by: George Jeffrey Children's' Treatment Centre

### ***ETHICS***

- ❑ Attended "**UTILIZATION OF AN ETHICAL DECISION MAKING MODEL FOR REHABILITATION PROFESSIONALS**" – Presented by the Vocational Rehabilitation Association of Canada (VRA Canada)

### **EXPERIENCE:**

#### ***REHABILITATION CONSULTANT***

- ❑ Independent Rehabilitation Management Inc. (1996-present)
- ❑ Rehabilitation Services of Canada (1992-1996)
- ❑

#### ***REGISTERED NURSE*** (1986 – 1992)

- ❑ Olsten Kimberly Quality Care – Thunder Bay (Community Nursing)
- ❑ Port Arthur General Hospital –Thunder Bay (surgical floor)
- ❑ McKellar General Hospital – Thunder Bay (surgical floor)
- ❑ Hotel Dieu – St. Catharines (surgical floor)
- ❑ Toronto General Hospital – Toronto (medical floor)